

GRACIE ACADEMY PHILADELPHIA

SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:15 - 8:15 AM No Gi		7:15 - 8:15 AM No Gi		7:15 - 8:15 AM No Gi		
					11:00 – 12:00 PM Jiu-Jitsu Fundamentals	11:00 – 12:00 PM Open Training 11-12:30 Judo Basics
12:00 – 1:30 PM Jiu-Jitsu Fundamentals	12:00 – 1:30 PM Supervised Open Training	12:00 – 1:30 PM Jiu-Jitsu Fundamentals	12:00 – 1:30 PM Supervised Open Training	12:00 – 1:30 PM Jiu-Jitsu Fundamentals	12:00-1:30 PM Jiu-Jitsu Advanced	
	5:00 – 5:50 PM Kids Jiu-Jitsu Gi		5:00 – 5:50 PM Kids Jiu-Jitsu Gi	5:00 – 5:50 PM Kids Jiu-Jitsu No-Gi		
6:00 – 7:00 PM Jiu-Jitsu Fundamentals	6:00 – 7:00 PM Judo Basics 6:00 - 7:00 No Gi Open Training (Upstairs mat)	6:00 – 7:00 PM Jiu-Jitsu Fundamentals	6:00-7:00 Judo Basics 6:00 – 7:00 PM No Gi Open Training (Upstairs mat)	6:00 – 7:30 PM All Levels		
7:00 – 8:30 PM Jiu-Jitsu Advanced	7:00 – 8:00 PM No Gi Rounds 7:00 – 8:30 Judo Advanced	7:00 – 8:30 PM Jiu-Jitsu Advanced	7:00 – 8:00 PM No Gi Rounds 7:00 – 8:30 Judo Advanced			

Adult Levels (ages 14+ or by permission)

Best classes to start:

Fundamentals and All Levels or schedule an Open Training time with an instructor

Everyone is welcome to a free trial week of training, including uniform.

Student, first responder, and family discounts

Gracie Academy Philadelphia 1231 Bainbridge St. Philadelphia, PA 19147

PHLBJJ.COM

215-839-6501

Call to set up your free private lesson to start.

info@phlbjj.com